

AGRICULTURE AND NATURAL RESOURCES

NEWSLETTER

April-June 2024

DAVID COFFEY

JACKSON COUNTY COOPERATIVE EXTENSION OFFICE

1408 MAIN STREET SOUTH

MCKEE, KY 40447

APRIL

- 4/8 - Home Invaders - 1pm
- 4/23 - WTA Breeding Soundness Exam Day - 12 noon-6pm WTA Laurel County
- 4/25 - AG Advisory Council - 12 noon
- 4/25 - WTA Horse BCS and Tack - 6pm
- 4/27 - Laurel Co Heifer Sale - 1pm
- 4/30 - Garden Pests - 11am



MAY

- 5/9 - JCCA Hay Demo at Jackson Energy Farm - 5pm
- 5/11 Rain backup day for JCCA Hay demo
- 5/16 - Firewood as a business - 1pm
- 5/18 - Hook and Cook 9am-JC Library



OFFICE CLOSED FOR MEMORIAL DAY - 5/27

June

- 6/17 - Senior Card sign ups - 10am-2pm
- 6/21- Farmers Market Grand Opening - 11am



OFFICE CLOSED FOR JUNETEENTH - 6/19

All classes are held at the Extension Conference Center unless otherwise stated

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification.



College of Agriculture,
Food and Environment



Ingredients:

- 1 pound freshwater fish
- 1 tablespoon lemon juice
- 1 teaspoon water
- 1/2 teaspoon pepper
- 1 small onion diced

Directions:

Preheat the oven to 425 degrees Fahrenheit. Coat 9X13 inch baking dish with nonstick cooking spray. Place the fish in a single layer in the baking dish. Sprinkle the fish with lemon juice, water, pepper, and onion. Cover tightly with foil. Bake 20-25 minutes until internal temperature reaches 145 degrees Fahrenheit.

Dill Sauce

- 1/4 cup low-fat mayonnaise
- 1/4 cup fat-free milk
- 1 tablespoon dried dill weed
- 1 tablespoon lemon juice
- 2 teaspoons Dijon mustard

Place mayonnaise in a sauce pan. Gradually whisk in milk. Whisk over medium-low heat for 2 minutes or until smooth and heated through but not bubbly. Remove sauce from heat. Stir in dill weed, lemon juice and Dijon mustard. Remove fish to a serving platter. Spoon dill sauce over fish and serve.

Source: Adapted from "Living Well, More Than a Cookbook," Published by National Extension Association of Family and Consumer Sciences, Copyright 2010 by National Association of Family and Consumer Sciences, 14070 Proton Road, Suite 100LB9, Dallas, Texas 75244.

Nutrition facts per serving: 170 calories; 5g fat; 1g saturated fat; 0g trans fat; 80mg cholesterol; 280mg sodium; 6g carbohydrate, 1g dietary fiber; 3g sugar; 0g added sugar; 23g protein; 0% Daily Value of vitamin D; 10% Daily Value of calcium; 10% Daily Value of iron; 10% Daily Value of potassium



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COOPERATIVE EXTENSION



BREEDING SOUNDNESS EXAMS

GET YOUR BULL CHECKED BEFORE BREEDING SEASON



WILDERNESS TRAIL LIVESTOCK BARN - LONDON

Dr. Doug House

FREE



April 23, 2024

NOON - 6:00PM



CALL TO SCHEDULE APPOINTMENT
606-287-7693



PROTECT YOUR CALF CROP
\$125/Bull Savings

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MARTIN GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40546



Accessibility
is our goal.

HORSES AND HORSEMEN



**April 25
6 PM**

**WTA Marketing Alliance
3610 Slate Lick Church Rd,
London, KY 40741**

This equine course will be covering the following topics:

**Body Condition and Weights
Vaccines and Deworming
Tack and Saddle Fitment**

**A free meal will be provided. Please call us to let us know you
plan on attending at (606) 256-2403**

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Disabilities
accommodated
with prior notification.



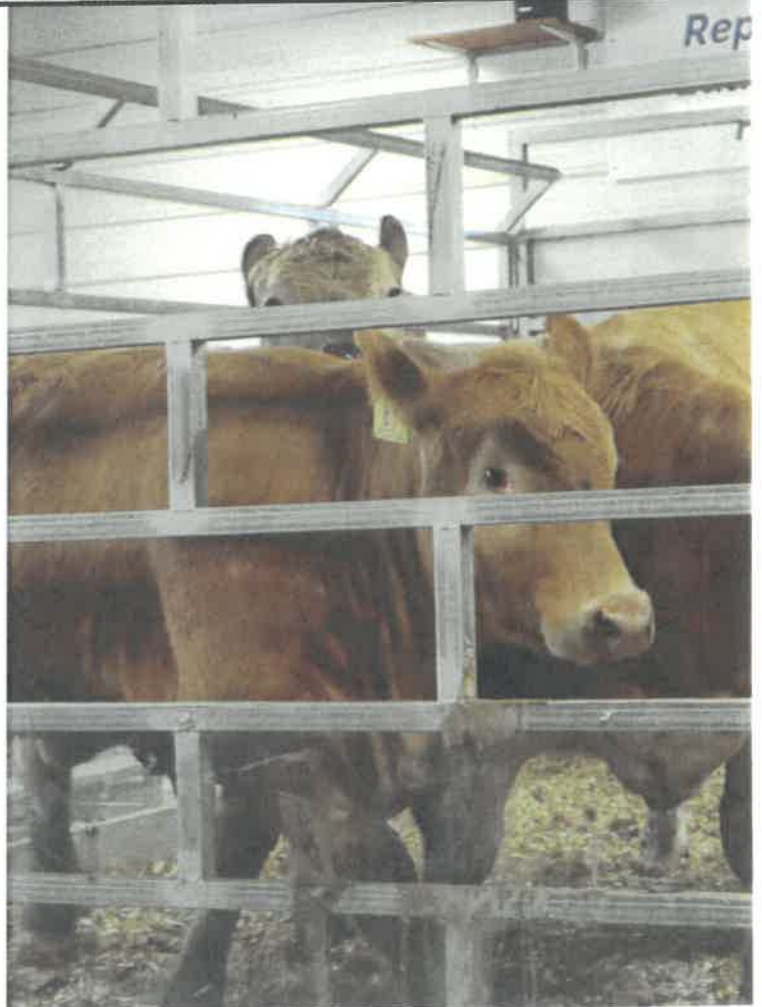
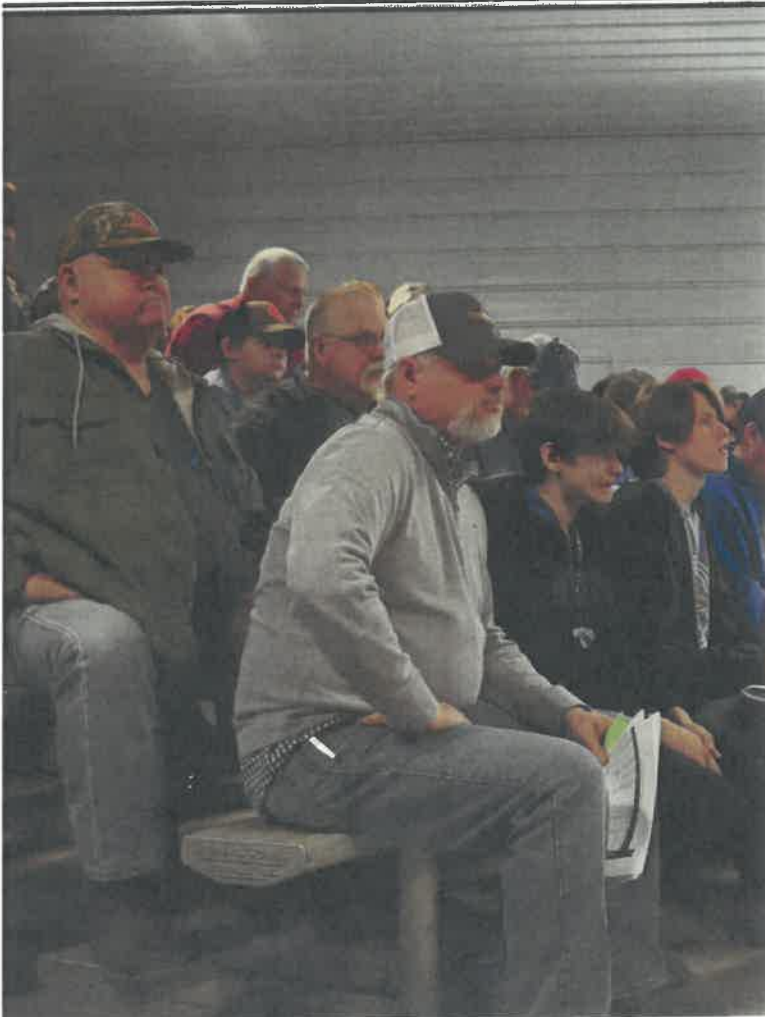
APRIL 27, 2024 • 1 PM

Mike Calebs, LCCA President • 606.813.4490

Glenn Williams, Laurel County Ag Agent • 606.864.4167

11th Annual Commercial Open Heifer Sale

LAUREL COUNTY CATTLEMEN SALE PAVILION
3610 SLATE LICK CHURCH RD. • LONDON, KY





11th Annual Heifer Sale

Saturday, April 27, 2024

1 PM

LAUREL COUNTY CATTLEMEN SALE PAVILION
LONDON, KY

SCHEDULE OF EVENTS

Saturday, April 27

10:00 AM – Cattle available for viewing

11:00 AM – Lunch

1 PM – Laurel County Cattlemen sale starts

SALE DAY PHONES

Glenn Williams(606) 682-0665

Mike Calebs(606) 813-4490

DIRECTIONS

Laurel County Cattlemen Sale Pavilion

From I-75, take exit 41, London

Turn East onto Hal Rogers Parkway

Continue 1.5 miles

Turn Left onto KY 30 E.

Continue 2.5 miles

Turn right onto State HWY 1227 (Slate Lick Church Rd)

Laurel County Cattlemen Sale Pavilion 1st on the right

AUCTIONEER

Bobby Wells

TRUCKING

Will be available within a 100 mile radius of London, KY when purchasing at least 10 head or more.

PAYMENT

Cattle must be paid for in cash or check the day of the sale. Must provide a copy of drivers license upon registration.

TERMS AND CONDITIONS

All persons who attend the sale do so at their own risk.

The Laurel County Cattlemen's Association does not assume liability, legal or otherwise, for any accidents which may occur.

INCLUDING
Bred Heifers
Cow/Calf Pairs
& Bulls

